

**HELIX
ARTS.****Falling on your Feet South Shields in
partnership with Cultural Spring****Ocean Road Centre, South Shields, NE33 2DW****0191 4230787, www.oceanroadca.com**

Following the success of Falling on your Feet South Shields sessions will continue once per week until the end of November 2017, whilst partners fundraise for a Spring 2018 programme. We encourage existing members to support the programme with session fee of £3 per week, if possible. Refreshments will be provided by the group. Sessions will be led by lead artist Megan Brown and additional support artist(s). New members are welcome to join the group from the 8th September, and will be able to register from August 2017.

TIMETABLE

Fridays 15:00-16:30 (except session 1, 13:30-15:00)		
Date	Session no.	
08.09.17	1	Taster and special welcome session (13:30-15:00)
15.09.17	2	
22.09.17	3	
29.09.17	4	
05.10.17	5	
13.10.17	6	
20.10.17	7	
27.10.17	8	
03.11.17	9	
10.11.17	10	
17.10.17	11	